

"BETTER HEALTH, BETTER BUSINESS"

Evolve from the inside out...

Building BLISS

www.buildingbliss.nz

NZ Ltd

Step 1: Assess your business via observation and conversation

What health outcomes will most benefit you and your people?



Step 2: Choose a plan that works for your business

Option A - Onsite Plan

- Half day or full day onsite visit
- Increased coverage & accessibility
- Dedicated time every month
- Best business value

Half Day \$250* | Full Day \$500*

Option B - Flexi-Plan

- Maximum privacy at Valor & Tonic
- No financial commitment
- Book online
- Ad hoc sessions

Individual Session \$45 - \$245*

* Please Note: Building Bliss NZ Limited holds the right to amend pricing as required

Step 3: Make your booking

Get in touch using our contact information below or make an online booking: www.valorandtonic.gettimely.com

Build bliss in your business today!

Web: www.buildingbliss.nz | Email: buildingblissnz@gmail.com | Tel: 07 308 0540 | Mob: 022 4657 980

© 2017 by Building Bliss NZ Ltd